

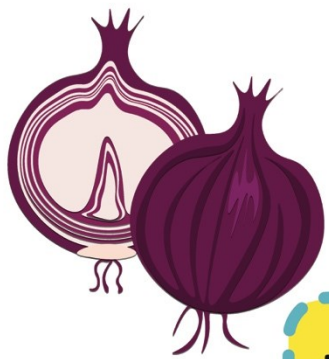
LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE

Vegetarian



A LIST OF TASTY FOOD!



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Option 1

Oven-baked
MSC Fish-finger
with French
Fries and
steamed sliced
carrots

Local Butcher
Sourced Beef
Bolognese
with wholemeal
and mixed
vegetables

Jackets potatoes
with Cheddar
cheese and butter
and baked beans

Homemade
Braised pork stew
with apple
and wholegrain
rice and sliced
fine beans

Spiced marinated
chicken breast
with Herby
diced potatoes
and fresh
mixed salad

Option 2
Vegetarian

Vegetarian
Nuggets with
French fries and
steamed sliced
carrots

Vegan mince
Bolognese
with wholemeal
pasta and
mixed vegetables

Homemade
Omelette
with hashbrown
and baked beans

Lentil and Sweet
potato curry
with wholegrain
rice and
fine beans

Spiced marinated
Quorn fillets
with Herby
diced potatoes
and fresh
mixed salad

Option 3
Halal

Either of above.

Local Butcher
Sourced Halal
Beef Bolognese
with wholemeal
pasta

Either of above

Halal chicken
Stew with apple
and wholegrain rice
and fine beans

Spiced marinated
Halal chicken
with herby
diced potatoes
and fresh
mixed salad

Dessert

Homemade
Strawberry
Vegetarian jelly
Organic yoghurt
and fresh fruits

Homemade
Orange chocolate
cake
Organic yoghurt
and fresh fruits

Raspberry
mousse
Organic yoghurt
and fresh Fruits

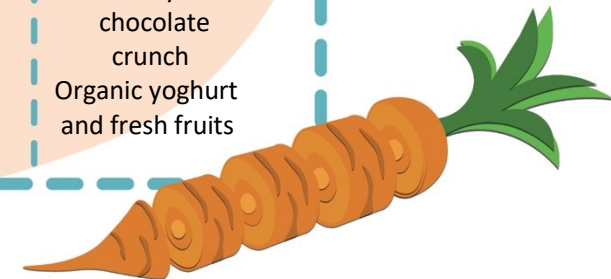
Homemade
Lemon drizzle
cake
Organic yoghurt and
fresh fruits

Homemade
Fruity
chocolate
crunch
Organic yoghurt
and fresh fruits

SCRUMPTIOUS



YUM!



ASK US ABOUT FREE SCHOOL MEALS!