

Redfield Term 1

LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Red

Oven Baked Battered Cod Fillet

Served with Oven Fries and Baked Beans

Homemade Beef Bolognaise Macaroni Bake

Served with Green Beans

Homemade BBQ spice Marinated Chicken Tortilla Wrap

Served with Cous Cous and Fresh Salad

Homemade Butternut Squash and Lentil Curry

Served with Steamed rice and Naan Bread

Butchers Sausage Hotdog

Served with Potato Wedges and Fresh Salad

Hot Green Vegetarian

Homemade Cheese and Onion Quiche

Served with Oven Fries and Baked Beans

Homemade Seven Vegetable Pasta Bake

Served with Green Beans

Homemade BBQ spice Marinated Quorn Chicken Tortilla Wrap

Served with Cous Cous and Fresh Salad

Homemade Cauliflower Cheese

Served with Garlic Bread and Baby Carrots

Quorn Sausage Hotdog

Served with Potato Wedges and Fresh Salad

Halal Option

Oven Baked Battered Cod Fillet

Served with Oven Fries and Baked Beans

Homemade Beef Bolognaise Macaroni Bake

Served with Green Beans

Homemade BBQ spice Marinated Chicken Tortilla Wrap

Served with Cous Cous and Fresh Salad

Homemade Butternut Squash and Lentil Curry

Served with Steamed rice and Naan Bread

Chicken Sausage Hotdog

Served with Potato Wedges and Fresh Salad

Dessert

Homemade Jelly

Fresh Fruit Salad

Yoghurt

Homemade Beetroot and Raspberry Brownie

Fresh Fruit

Yoghurt

Homemade Sticky Toffee Pudding

Fresh Fruit

Yoghurt

Scoop of Vanilla Ice cream and Chocolate Sauce

Fresh Fruit

Yoghurt

Homemade Flapjack

Fresh fruit

Yoghurt



Tasty

Nutritious

Delicious

Fresh

